

## **\*\*Discovery of a Natural Method for Wellness\*\***

During my annual stay in Florida, I accidentally became acquainted with this method, which has been established by doctors since 1822. I received a collection of books on this topic from a friend living in another state and brought them to Germany. I have studied and collected many books on this lifestyle so far. This change in natural nutrition is currently being examined by three reputable magazines in the fields of healthy living, wellness science, and lifelong health.

This method was invented by doctors who have not observed any improvement in their patients over the years using chemical treatments. Unfortunately, patients have become accustomed to always having a prescription in hand, which is why these doctors would give them colored pills made from sugar syrup that contained no toxic substances.

Doctors interested in improving their patients' conditions may adopt this method; however, the insurance and health services administration will not reimburse physicians for this method, as it has not been scientifically validated.